

STAY HOME STAY SAFE STAY HEALTHY

Sahakar Maharshi Late Bhaskarrao Shingne Arts College, Khamgaon

District: Buldana. (M.S)

Below links given by Ministry of Health and Family Welfare to sustain your mental health

SR.NO.	SUBJECTS	LINKS
01.	Practical tips to take care of your Mental health during the stay In.	https://www.youtube.com/watch?v=uHB3WJsLJ8s
02	Various Health Expert on how to manage Mental health & Well Being during COVID-19 outbreak	https://www.youtube.com/watch?v=iuKhtSehp24
03	Stay at Home in Hindi	https://www.youtube.com/watch?v=IfeWAXE4OZE&list=PL1a9DHjZmejEEp2PAu2OR8HBfLP0BLIk&index=4
04	Video on Staying Active at home Hindi	https://www.youtube.com/watch?v=maBw7HmrU
05	Information regarding Covid-19	https://www.youtube.com/watch?v=UIQIZBO2ilA&feature=youtu.be

Date:-30 April 2020

Place:- Khamgaon

Dr. Nilima D.Deshmukh

Principal